Helping you reach your treatment goals with AUSTEDO®

AUSTEDO® is a prescription medicine that is used to treat adults with movements in the face, tongue, or other body parts that cannot be controlled (tardive dyskinesia).

IMPORTANT SAFETY INFORMATION
AUSTEDO® can cause serious side effects in people with Huntington's disease, including: depression, suicidal thoughts, or suicidal actions. Do not start taking AUSTEDO® if you are depressed (have untreated depression or depression that is not well controlled by medicine) or have suicidal thoughts. Pay close attention to any changes, especially sudden changes, in mood, behaviors, thoughts or feelings. This is especially important when AUSTEDO® is started and when the dose is changed. Call your healthcare provider right away if you become depressed, have unusual changes in mood or behavior, or have thoughts of suicide.

Please read Important Safety Information on pages 11-12 and the accompanying Medication Guide.
Table of contents

Your treatment goals .......................... 04
What to expect ................................ 05
Answering your concerns ................. 09
Important Safety Information .......... 11
Online resources ......................... 13
Progress tracker and activity log ...... 14
Health information ...................... 23
Appointment record .................... 24
Welcome

This resource is designed to address questions, provide support, and guide conversations with your doctor in order to help you achieve your goals during your treatment with AUSTEDO® (deutetrabenazine) tablets.

How to use this resource:

1. Define your personal treatment goals.
2. Determine the steps you’ll take to achieve your goals.
3. Track your progress during treatment with AUSTEDO®.
4. Bring this guide with you to each doctor appointment to help assess your progress and discuss your treatment.

For the treatment of tardive dyskinesia (TD) in adults
Your treatment goals

You and your healthcare team have worked together to develop a plan to treat your tardive dyskinesia (TD) that includes AUSTEDO® (deutetrabenazine) tablets. To help ensure you that you stay on track with your plan, it’s important to define what your treatment goals are.

Here are a few questions to get you started. Write your answers in the spaces provided, and share them with your healthcare team, family members, and/or care partners:

1. What uncontrolled movements are you hoping that treatment will help?

2. What personal treatment goals have you and/or your healthcare team set?

3. What steps have you, your healthcare team, family members, and/or care partners identified to help you achieve those treatment goals?

4. How will achieving your treatment goals help you?
What to expect once your doctor prescribes AUSTEDO® (deutetrabenazine) tablets

AUSTEDO® tablets are available in three strengths. Your prescribed dose may require a combination of tablet strengths.

Filling your prescription

- Your doctor may write your prescription on paper and have you bring it to your pharmacy, or may send it electronically to your pharmacy
- A pharmacy will process your prescription using the information provided
- Your prescription will be filled by your pharmacy
- After you receive your prescription, discuss any additional questions you have about how to take AUSTEDO® with the pharmacist or your doctor

IMPORTANT SAFETY INFORMATION

Do not take AUSTEDO® if you:

- have Huntington’s disease and are depressed or have thoughts of suicide.
- have liver problems.
- are taking a monoamine oxidase inhibitor (MAOI) medicine. Do not take an MAOI within 14 days after you stop taking AUSTEDO®. Do not start AUSTEDO® if you stopped taking an MAOI in the last 14 days. Ask your healthcare provider or pharmacist if you are not sure.
- are taking reserpine. Do not take medicines that contain reserpine (such as Serpalan® and Renese®-R) with AUSTEDO®. If your healthcare provider plans to switch you from taking reserpine to AUSTEDO®, you must wait at least 20 days after your last dose of reserpine before you start taking AUSTEDO®.
- are taking tetrabenazine (Xenazine®). If your healthcare provider plans to switch you from tetrabenazine (Xenazine®) to AUSTEDO®, take your first dose of AUSTEDO® on the day after your last dose of tetrabenazine (Xenazine®).
- are taking valbenazine (Ingrezza®).
Reaching your appropriate dose

AUSTEDO® (deutetrabenazine) tablets are a titrated medication, meaning that your dose may be adjusted throughout the first few weeks of treatment until your doctor identifies the dose that is appropriate for you. Each dosing schedule is personalized to your needs, ensuring your doctor prescribed the dose that works best for you.

It’s important to take AUSTEDO® exactly as prescribed by your doctor. Be sure to ask your doctor or pharmacist if you have any questions about your prescription instructions or the titration process.

IMPORTANT SAFETY INFORMATION

Irregular heartbeat (QT prolongation). AUSTEDO® increases your chance of having certain changes in the electrical activity in your heart. These changes can lead to a dangerous abnormal heartbeat. Taking AUSTEDO® with certain medicines may increase this chance. If you are at risk of QT prolongation, your healthcare provider should check your heart before and after increasing your AUSTEDO® dose above 24 mg a day.
The importance of taking your medication as prescribed

Treating your condition can be complicated, and sometimes it’s difficult to follow all of your doctor’s instructions. However, it is important that you take AUSTEDO® (deutetrabenazine) tablets exactly as prescribed by your doctor.

![Rx]

Exactly as prescribed

By mouth

![Tablets]

Whole
(do not chew, crush, or break tablets)

With food

IMPORTANT SAFETY INFORMATION

Neuroleptic Malignant Syndrome. Call your healthcare provider right away and go to the nearest emergency room if you develop these signs and symptoms that do not have another obvious cause: high fever, stiff muscles, problems thinking, very fast or uneven heartbeat, or increased sweating.
Staying on track

Whether you see progress as expected or not, it’s important to keep taking your medication as prescribed. If you have concerns, talk to your doctor so he or she can make adjustments to your dose as necessary.

Set a routine

- Create and follow a dosing routine. Remember that AUSTEDO® (deutetrabenazine) tablets must be taken exactly as prescribed
- You can set an alarm as a treatment reminder
- Keep your AUSTEDO® tablets in the same place so you know where they are

Record your treatment

- Use the Progress Tracker and Activity Log included in this guide to record when AUSTEDO® is taken, and any questions you have for your doctor
- Use the free Medisafe Medication Management App to stay on track with AUSTEDO®
  - Visit the App Store® or Google Play® and download the free Medisafe Medication Management App

Have a plan

- Before starting AUSTEDO®, talk to your doctor about what to do if you miss a dose
- Attach your dosing schedule to other daily routines so you are less likely to miss a dose
- Tell your doctor if you stop taking AUSTEDO® for more than 1 week. Do not take another dose until you talk to your doctor

IMPORTANT SAFETY INFORMATION

- Restlessness. You may get a condition where you feel a strong urge to move. This is called akathisia.
- Parkinsonism. Symptoms include: slight shaking, body stiffness, trouble moving, trouble keeping your balance, or falls.
Answering your concerns

It’s completely normal to have concerns when starting a new medication. Here are some common questions from patients, with answers provided by a healthcare professional:

Q: Why am I being prescribed AUSTEDO® (deutetrabenazine) tablets?
A: Your doctor has diagnosed your uncontrolled movements as TD. Before making the decision to prescribe AUSTEDO® he or she likely considered your uncontrolled movements, your medical conditions and any medications that you are taking, your treatment goals, and how AUSTEDO® may help you.

In clinical studies, AUSTEDO® was proven to effectively reduce involuntary movements of TD. And, in the clinical studies, people taking AUSTEDO® were able to continue with their mental health medications like antipsychotics or antidepressants.

Q: How will I know if AUSTEDO® is working?
A: TD affects everyone differently, so treatment results may vary from person to person. In one of the clinical studies, AUSTEDO® significantly reduced the involuntary movements of TD after 12 weeks of treatment vs placebo, with improvement beginning to be seen at 2 weeks. At your next appointment, your doctor will assess your progress and together, the two of you can decide if your treatment plan should be adjusted or not.

Q: Will taking AUSTEDO® affect my other medications?
A: This is very important to consider. In clinical studies, people taking AUSTEDO® were able to continue with their mental health medications like antipsychotics or antidepressants. Tell your doctor about all of your medical conditions and all of the medicines you take, including prescription and over-the-counter medications, vitamins, and herbal supplements.

Taking AUSTEDO® with certain other medicines may cause side effects. Do not start any new medicines while taking AUSTEDO® without talking to your doctor first.

IMPORTANT SAFETY INFORMATION

Sleepiness (sedation) is a common side effect of AUSTEDO®. While taking AUSTEDO®, do not drive a car or operate dangerous machinery until you know how AUSTEDO® affects you. Drinking alcohol and taking other drugs that may also cause sleepiness while you are taking AUSTEDO® may increase any sleepiness caused by AUSTEDO®.
Q: What does titration mean?
A: Titration is the process of the doctor adjusting the dose of a medication to determine the appropriate dose based on how well the medication is helping and any side effects. When you start taking AUSTEDO® (deutetrabenazine) tablets, your doctor will work with you to adjust your daily dose up or down for a period of time until he or she finds the dose that’s right for you based on reduction of your movements and how well you tolerate the medicine. This titration period is different for everyone. This is one of the reasons why we say AUSTEDO® dosing is personalized. It’s important to take AUSTEDO® exactly as your doctor tells you to take it.

Q: What happens after titration?
A: Once your doctor determines the dose of AUSTEDO® that’s right for you, then that amount would become your ongoing maintenance dose. It’s important to track your progress (using the Progress Tracker included in this guide) both during the titration period and with your maintenance dose, so your treatment plan can be adjusted if something changes.

Q: What about side effects?
A: Good question. Be sure to read the Important Safety Information on the following pages and the accompanying Medication Guide to learn about possible side effects of AUSTEDO®. As with any medication, it’s always important to discuss any and all possible side effects with your doctor before you start taking AUSTEDO®. It’s also important to keep your doctor informed as to how you’re feeling throughout treatment. If something doesn’t feel right, discuss it with your doctor first so he or she can adjust your treatment plan as necessary.

Q: What happens if I forget and miss a dose?
A: You wouldn’t be alone. Forgetfulness is one of the most common reasons people don’t take their medications as prescribed. Before starting AUSTEDO®, talk to your doctor about what to do if you do forget a dose. Also, be sure to tell your doctor if you stop taking AUSTEDO® for more than 1 week. Do not take another dose until you talk to your doctor. Using the Progress Tracker and Activity Log included later in this guide will help you remember to take your daily medication as prescribed.

IMPORTANT SAFETY INFORMATION
The most common side effects of AUSTEDO® in people with Huntington’s disease include sleepiness (sedation), diarrhea, tiredness, and dry mouth.

The most common side effects of AUSTEDO® in people with tardive dyskinesia include inflammation of the nose and throat (nasopharyngitis) and problems sleeping (insomnia).
APPROVED USES

AUSTEDO® (deutetrabenazine) tablets is a prescription medicine that is used to treat:

- the involuntary movements (chorea) of Huntington’s disease. AUSTEDO® does not cure the cause of the involuntary movements, and it does not treat other symptoms of Huntington’s disease, such as problems with thinking or emotions.
- movements in the face, tongue, or other body parts that cannot be controlled (tardive dyskinesia).

It is not known if AUSTEDO® is safe and effective in children.

IMPORTANT SAFETY INFORMATION

AUSTEDO® can cause serious side effects in people with Huntington’s disease, including: depression, suicidal thoughts, or suicidal actions. Do not start taking AUSTEDO® if you are depressed (have untreated depression or depression that is not well controlled by medicine) or have suicidal thoughts. Pay close attention to any changes, especially sudden changes, in mood, behaviors, thoughts or feelings. This is especially important when AUSTEDO® is started and when the dose is changed. Call your healthcare provider right away if you become depressed, have unusual changes in mood or behavior, or have thoughts of suicide.

Do not take AUSTEDO® if you:

- have Huntington’s disease and are depressed or have thoughts of suicide.
- have liver problems.
- are taking a monoamine oxidase inhibitor (MAOI) medicine. Do not take an MAOI within 14 days after you stop taking AUSTEDO®. Do not start AUSTEDO® if you stopped taking an MAOI in the last 14 days. Ask your healthcare provider or pharmacist if you are not sure.
- are taking reserpine. Do not take medicines that contain reserpine (such as Serpalan® and Renese®-R) with AUSTEDO®. If your healthcare provider plans to switch you from taking reserpine to AUSTEDO®, you must wait at least 20 days after your last dose of reserpine before you start taking AUSTEDO®.
- are taking tetrabenazine (Xenazine®). If your healthcare provider plans to switch you from tetrabenazine (Xenazine®) to AUSTEDO®, take your first dose of AUSTEDO® on the day after your last dose of tetrabenazine (Xenazine®).
- are taking valbenazine (Ingrezza®).
IMPORTANT SAFETY INFORMATION (CONTINUED)

Other possible serious side effects include:

- **Irregular heartbeat (QT prolongation).** AUSTEDO® (deutetrabenazine) tablets increases your chance of having certain changes in the electrical activity in your heart. These changes can lead to a dangerous abnormal heartbeat. Taking AUSTEDO® with certain medicines may increase this chance. If you are at risk of QT prolongation, your healthcare provider should check your heart before and after increasing your AUSTEDO® dose above 24 mg a day.

- **Neuroleptic Malignant Syndrome.** Call your healthcare provider right away and go to the nearest emergency room if you develop these signs and symptoms that do not have another obvious cause: high fever, stiff muscles, problems thinking, very fast or uneven heartbeat, or increased sweating.

- **Restlessness.** You may get a condition where you feel a strong urge to move. This is called akathisia.

- **Parkinsonism.** Symptoms include: slight shaking, body stiffness, trouble moving, trouble keeping your balance, or falls.

**Sleepiness (sedation) is a common side effect of AUSTEDO®.** While taking AUSTEDO®, do not drive a car or operate dangerous machinery until you know how AUSTEDO® affects you. Drinking alcohol and taking other drugs that may also cause sleepiness while you are taking AUSTEDO® may increase any sleepiness caused by AUSTEDO®.

**The most common side effects of AUSTEDO® in people with Huntington's disease include** sleepiness (sedation), diarrhea, tiredness, and dry mouth.

**The most common side effects of AUSTEDO® in people with tardive dyskinesia include** inflammation of the nose and throat (nasopharyngitis) and problems sleeping (insomnia).

These are not all the possible side effects of AUSTEDO®. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

Please read the accompanying Medication Guide.
Online resources

Below are several websites you may find helpful if you have questions about either TD or an underlying mental health condition.

Caregiver Action Network (CAN)
caregiveraction.org

Depression and Bipolar Support Alliance (DBSA)
dbsalliance.org

Medline Plus
https://medlineplus.gov/ency/article/000685.htm

Mental Health America (MHA)
mentalhealthamerica.net

National Alliance on Mental Illness (NAMI)
nami.org

For the treatment of tardive dyskinesia (TD) in adults
Progress tracker and activity log

A guide to help you when talking to your doctor during your treatment with AUSTEDO® (deutetrabenazine) tablets

HOW TO USE THIS TOOL

1. Recording treatment

“Did I take my medication this morning?” Or, “Do I need to take another dose?” Avoid these questions by using the progress tracker daily.

Write the Week # (eg, Week 1) and the month/day/year of the day you start treatment.

Note your prescribed dose for that week from the dosing instructions provided by your doctor. Be sure to indicate whether you are in the titration period or taking your ongoing maintenance dose. It’s important to track your progress both during the titration period and with your maintenance dose, so your treatment plan can be adjusted if something changes.

The process of your doctor adjusting the dose to find the dose that is right for you.

Your ongoing daily dose after your doctor has determined the right dose for you (after titration ends).

Each day, indicate with a check mark when AUSTEDO® is taken in the morning and in the evening (sun and moon symbols).
2. Using the activity log

Each week, evaluate your uncontrolled movements and the impact they’ve had on your daily life as compared to the previous week. Mark your answers in the boxes below.

![UNCONTROLLED MOVEMENTS]

3. Notes

There is space to write down any questions you’d like to discuss with your doctor during your next visit, take any notes about your daily dose, and also record accomplishments throughout the week.

<table>
<thead>
<tr>
<th>NOTES TO DISCUSS WITH MY DOCTOR</th>
<th>THIS WEEK I ACCOMPLISHED</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

If you need additional progress tracker and activity log sheets, go to www.austedo.com/tardive-dyskinesia/resources.

Remember to bring this log with you to all upcoming doctor appointments.
### Record each dose

After the morning and evening dose of AUSTEDO® (deutetrabenazine) tablets has been taken, place a check mark in the corresponding box.

<table>
<thead>
<tr>
<th>SUN</th>
<th>MON</th>
<th>TUES</th>
<th>WED</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
</tr>
</thead>
<tbody>
<tr>
<td>AM</td>
<td>AM</td>
<td>AM</td>
<td>AM</td>
<td>AM</td>
<td>AM</td>
<td>AM</td>
</tr>
<tr>
<td>PM</td>
<td>PM</td>
<td>PM</td>
<td>PM</td>
<td>PM</td>
<td>PM</td>
<td>PM</td>
</tr>
</tbody>
</table>

### Assess your activity

Each week, especially during the initial titration period, it’s extremely important to evaluate your unintentional, uncontrollable movements of TD and the impact they have on your daily activities as compared to the previous week.

### UNCONTROLLED MOVEMENTS

<table>
<thead>
<tr>
<th></th>
<th>THIS WEEK I ACCOMPLISHED</th>
</tr>
</thead>
<tbody>
<tr>
<td>face</td>
<td></td>
</tr>
<tr>
<td>hands</td>
<td></td>
</tr>
<tr>
<td>feet</td>
<td></td>
</tr>
<tr>
<td>torso</td>
<td></td>
</tr>
<tr>
<td>other</td>
<td></td>
</tr>
</tbody>
</table>

### NOTES TO DISCUSS WITH MY DOCTOR

Please read Important Safety Information on pages 11-12 and the accompanying Medication Guide.
Record each dose

After the morning and evening dose of AUSTEDO® (deutetrabenazine) tablets has been taken, place a check mark in the corresponding box.

<table>
<thead>
<tr>
<th>SUN</th>
<th>MON</th>
<th>TUES</th>
<th>WED</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
</tr>
</thead>
<tbody>
<tr>
<td>AM</td>
<td>AM</td>
<td>AM</td>
<td>AM</td>
<td>AM</td>
<td>AM</td>
<td>AM</td>
</tr>
<tr>
<td>PM</td>
<td>PM</td>
<td>PM</td>
<td>PM</td>
<td>PM</td>
<td>PM</td>
<td>PM</td>
</tr>
</tbody>
</table>

Assess your activity

Each week, especially during the initial titration period, it’s extremely important to evaluate your unintentional, uncontrollable movements of TD and the impact they have on your daily activities as compared to the previous week.

UNCONTROLLED MOVEMENTS

- **face**
  - Worse
  - Same
  - Better

- **hands**
  - Worse
  - Same
  - Better

- **feet**
  - Worse
  - Same
  - Better

- **torso**
  - Worse
  - Same
  - Better

- **other**
  - Worse
  - Same
  - Better

NOTES TO DISCUSS WITH MY DOCTOR

---

Please read Important Safety Information on pages 11-12 and the accompanying Medication Guide.
Week #

PRESCRIBED DOSE

___ mg ___ times per day

CHECK ONE

Titration

Maintenance Dose

Record each dose

After the morning and evening dose of AUSTEDO® (deutetrabenazine) tablets has been taken, place a check mark in the corresponding box.

<table>
<thead>
<tr>
<th>SUN</th>
<th>MON</th>
<th>TUES</th>
<th>WED</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
</tr>
</thead>
<tbody>
<tr>
<td>AM</td>
<td>AM</td>
<td>AM</td>
<td>AM</td>
<td>AM</td>
<td>AM</td>
<td>AM</td>
</tr>
<tr>
<td>PM</td>
<td>PM</td>
<td>PM</td>
<td>PM</td>
<td>PM</td>
<td>PM</td>
<td>PM</td>
</tr>
</tbody>
</table>

Assess your activity

Each week, especially during the initial titration period, it’s extremely important to evaluate your unintentional, uncontrollable movements of TD and the impact they have on your daily activities as compared to the previous week.

UNCONTROLLED MOVEMENTS

<table>
<thead>
<tr>
<th></th>
<th>face</th>
<th>hands</th>
<th>feet</th>
<th>torso</th>
<th>other</th>
</tr>
</thead>
<tbody>
<tr>
<td>WORSE</td>
<td>SAME</td>
<td>BETTER</td>
<td>WORSE</td>
<td>SAME</td>
<td>BETTER</td>
</tr>
<tr>
<td>WORSE</td>
<td>SAME</td>
<td>BETTER</td>
<td>WORSE</td>
<td>SAME</td>
<td>BETTER</td>
</tr>
<tr>
<td>WORSE</td>
<td>SAME</td>
<td>BETTER</td>
<td>WORSE</td>
<td>SAME</td>
<td>BETTER</td>
</tr>
<tr>
<td>WORSE</td>
<td>SAME</td>
<td>BETTER</td>
<td>WORSE</td>
<td>SAME</td>
<td>BETTER</td>
</tr>
</tbody>
</table>

NOTES TO DISCUSS WITH MY DOCTOR

Please read Important Safety Information on pages 11-12 and the accompanying Medication Guide.
Please read Important Safety Information on pages 11-12 and the accompanying Medication Guide.

Record each dose
After the morning and evening dose of AUSTEDO® (deutetrabenazine) tablets has been taken, place a check mark in the corresponding box.

Assess your activity
Each week, especially during the initial titration period, it’s extremely important to evaluate your unintentional, uncontrollable movements of TD and the impact they have on your daily activities as compared to the previous week.

UNCONTROLLED MOVEMENTS

<table>
<thead>
<tr>
<th></th>
<th>SUN</th>
<th>MON</th>
<th>TUES</th>
<th>WED</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>AM</td>
<td>AM</td>
<td>AM</td>
<td>AM</td>
<td>AM</td>
<td>AM</td>
<td>AM</td>
</tr>
<tr>
<td></td>
<td>PM</td>
<td>PM</td>
<td>PM</td>
<td>PM</td>
<td>PM</td>
<td>PM</td>
<td>PM</td>
</tr>
</tbody>
</table>

NOTES TO DISCUSS WITH MY DOCTOR
### Record each dose

After the morning and evening dose of AUSTEDO® (deutetrabenazine) tablets has been taken, place a check mark in the corresponding box.

<table>
<thead>
<tr>
<th>SUN</th>
<th>MON</th>
<th>TUES</th>
<th>WED</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
</tr>
</thead>
<tbody>
<tr>
<td>AM</td>
<td>AM</td>
<td>AM</td>
<td>AM</td>
<td>AM</td>
<td>AM</td>
<td>AM</td>
</tr>
<tr>
<td>PM</td>
<td>PM</td>
<td>PM</td>
<td>PM</td>
<td>PM</td>
<td>PM</td>
<td>PM</td>
</tr>
</tbody>
</table>

### Assess your activity

Each week, especially during the initial titration period, it’s extremely important to evaluate your unintentional, uncontrollable movements of TD and the impact they have on your daily activities as compared to the previous week.

### UNCONTROLLED MOVEMENTS

<table>
<thead>
<tr>
<th></th>
<th>WORSE</th>
<th>SAME</th>
<th>BETTER</th>
</tr>
</thead>
<tbody>
<tr>
<td>face</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>hands</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>feet</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>torso</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>other</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### NOTES TO DISCUSS WITH MY DOCTOR

---

Please read Important Safety Information on pages 11-12 and the accompanying Medication Guide.
Please read Important Safety Information on pages 11-12 and the accompanying Medication Guide.

**Assess your activity**

Each week, especially during the initial titration period, it’s extremely important to evaluate your unintentional, uncontrollable movements of TD and the impact they have on your daily activities as compared to the previous week.

**UNCONTROLLED MOVEMENTS**

<table>
<thead>
<tr>
<th></th>
<th>face</th>
<th>hands</th>
<th>feet</th>
<th>torso</th>
<th>other</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>WORSE</td>
<td>WORSE</td>
<td>WORSE</td>
<td>WORSE</td>
<td>WORSE</td>
</tr>
<tr>
<td>THIS WEEK I ACCOMPLISHED</td>
<td>SAME</td>
<td>SAME</td>
<td>SAME</td>
<td>SAME</td>
<td>SAME</td>
</tr>
</tbody>
</table>

**Notes to discuss with my doctor**

Record each dose

After the morning and evening dose of AUSTEDO® (deutetrabenazine) tablets has been taken, place a check mark in the corresponding box.

<table>
<thead>
<tr>
<th></th>
<th>SUN</th>
<th>MON</th>
<th>TUES</th>
<th>WED</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
</tr>
</thead>
<tbody>
<tr>
<td>AM</td>
<td>AM</td>
<td>AM</td>
<td>AM</td>
<td>AM</td>
<td>AM</td>
<td>AM</td>
<td>AM</td>
</tr>
<tr>
<td>PM</td>
<td>PM</td>
<td>PM</td>
<td>PM</td>
<td>PM</td>
<td>PM</td>
<td>PM</td>
<td>PM</td>
</tr>
</tbody>
</table>
Assess your activity

Each week, especially during the initial titration period, it’s extremely important to evaluate your unintentional, uncontrollable movements of TD and the impact they have on your daily activities as compared to the previous week.

UNCONTROLLED MOVEMENTS

<table>
<thead>
<tr>
<th></th>
<th>face</th>
<th>hands</th>
<th>feet</th>
<th>torso</th>
<th>other</th>
</tr>
</thead>
<tbody>
<tr>
<td>WORSE</td>
<td>SAME</td>
<td>BETTER</td>
<td>WORSE</td>
<td>SAME</td>
<td>BETTER</td>
</tr>
<tr>
<td>SAME</td>
<td>WORSE</td>
<td>BETTER</td>
<td>SAME</td>
<td>BETTER</td>
<td></td>
</tr>
<tr>
<td>BETTER</td>
<td></td>
<td></td>
<td>BETTER</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

NOTES TO DISCUSS WITH MY DOCTOR

Please read Important Safety Information on pages 11-12 and the accompanying Medication Guide.
Health information

Primary care doctor ________________________________
Phone number ________________________________
Address ________________________________

Psychiatrist ________________________________
Phone number ________________________________
Address ________________________________

Hospital ________________________________
Phone number ________________________________
Address ________________________________

Pharmacy ________________________________
Phone number ________________________________
Address ________________________________

Insurance carrier ________________________________
Phone number ________________________________
Health insurance member ________________________________

AUSTEDO® (deutetrabenazine) tablets start date ______
Appointment record

Record your next appointment date in the space provided.

My next appointment is:
Month: ________
Day: ________
Time: ________ a.m./p.m.
Notes: ____________________________________________
__________________________________________________
__________________________________________________

My next appointment is:
Month: ________
Day: ________
Time: ________ a.m./p.m.
Notes: ____________________________________________
__________________________________________________
__________________________________________________

My next appointment is:
Month: ________
Day: ________
Time: ________ a.m./p.m.
Notes: ____________________________________________
__________________________________________________
__________________________________________________

My next appointment is:
Month: ________
Day: ________
Time: ________ a.m./p.m.
Notes: ____________________________________________
__________________________________________________
__________________________________________________

Please read Important Safety Information on pages 11-12 and the accompanying Medication Guide.
For the treatment of tardive dyskinesia (TD) in adults

Imagine a treatment for TD

Visit www.austedo.com to learn more.

The brands listed are the registered trademarks of their respective owners. © 2020 Teva Neuroscience, Inc.
AUS-42483 June 2020

Austedo (deutetraabenazine) 6 mg, 8 mg, and 12 mg tablets
MEDICATION GUIDE
AUSTEDO® (aw-STED-oh)
deutetrabenazine
tablets, for oral use

What is the most important information I should know about AUSTEDO?
• AUSTEDO can cause serious side effects in people with Huntington’s disease, including:
  ◦ depression
  ◦ suicidal thoughts
  ◦ suicidal actions
• Do not start taking AUSTEDO if you have Huntington’s disease and are depressed (have untreated depression or depression that is not well controlled by medicine) or have suicidal thoughts.
• Pay close attention to any changes, especially sudden changes, in mood, behaviors, thoughts, or feelings. This is especially important when AUSTEDO is started and when the dose is changed.

Call your healthcare provider right away if you become depressed or have any of the following symptoms, especially if they are new, worse, or worry you:
• feel sad or have crying spells
• lose interest in seeing your friends or doing things you used to enjoy
• sleep a lot more or a lot less than usual
• feel unimportant
• feel guilty
• feel hopeless or helpless
• feel more irritable, angry, or aggressive than usual
• feel more or less hungry than usual or notice a big change in your body weight
• have trouble paying attention
• feel tired or sleepy all the time
• have thoughts about hurting yourself or ending your life

What is AUSTEDO?
AUSTEDO is a prescription medicine that is used to treat:
• the involuntary movements (chorea) of Huntington’s disease. AUSTEDO does not cure the cause of the involuntary movements, and it does not treat other symptoms of Huntington’s disease, such as problems with thinking or emotions.
• movements in the face, tongue, or other body parts that cannot be controlled (tardive dyskinesia).
It is not known if AUSTEDO is safe and effective in children.

Who should not take AUSTEDO?
Do not take AUSTEDO if you:
• have Huntington’s disease and are depressed or have thoughts of suicide. See “What is the most important information I should know about AUSTEDO?”
• have liver problems.
• are taking a monoamine oxidase inhibitor (MAOI) medicine. Do not take an MAOI within 14 days after you stop taking AUSTEDO. Do not start AUSTEDO if you stopped taking an MAOI in the last 14 days. Ask your healthcare provider or pharmacist if you are not sure.
• are taking reserpine. Do not take medicines that contain reserpine (such as Serpalan and Renese-R) with AUSTEDO. If your healthcare provider plans to switch you from taking reserpine to AUSTEDO, you must wait at least 20 days after your last dose of reserpine before you start taking AUSTEDO.
• are taking tetrabenazine (Xenazine). If your healthcare provider plans to switch you from tetrabenazine (Xenazine) to AUSTEDO, take your first dose of AUSTEDO on the day after your last dose of tetrabenazine (Xenazine).
• are taking valbenazine (Ingrezza).

Before taking AUSTEDO, tell your healthcare provider about all of your medical conditions, including if you:
• have emotional or mental problems (for example, depression, nervousness, anxiety, anger, agitation, psychosis, previous suicidal thoughts or suicide attempts).
• have liver disease.
• have an irregular heart rhythm or heartbeat (QT prolongation, cardiac arrhythmia) or a heart problem called congenital long QT syndrome.
• have low levels of potassium or magnesium in your blood (hypokalemia or hypomagnesemia).
• have breast cancer or a history of breast cancer.
• are pregnant or plan to become pregnant. It is not known if AUSTEDO can harm your unborn baby.
• are breastfeeding or plan to breastfeed. It is not known if AUSTEDO passes into breast milk.

Tell your healthcare provider about all of the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.
Taking AUSTEDO with certain other medicines may cause side effects. Do not start any new medicines while taking AUSTEDO without talking to your healthcare provider first.
How should I take AUSTEDO?

• Take AUSTEDO exactly as your healthcare provider tells you to take it.
• Take AUSTEDO by mouth and with food.
• Swallow AUSTEDO tablets whole with water. Do not chew, crush, or break AUSTEDO tablets before swallowing. If you cannot swallow AUSTEDO tablets whole, tell your healthcare provider. You may need a different medicine.
• If your dose of AUSTEDO is 12 mg or more each day, take AUSTEDO tablets 2 times a day in equal doses with food.
• Your healthcare provider will increase your dose of AUSTEDO each week for several weeks, until you and your healthcare provider find the right dose for you.
• Tell your healthcare provider if you stop taking AUSTEDO for more than 1 week. Do not take another dose until you talk to your healthcare provider.

What should I avoid while taking AUSTEDO?
Sleepiness (sedation) is a common side effect of AUSTEDO. While taking AUSTEDO, do not drive a car or operate dangerous machinery until you know how AUSTEDO affects you. Drinking alcohol and taking other drugs that may also cause sleepiness while you are taking AUSTEDO may increase any sleepiness caused by AUSTEDO.

What are the possible side effects of AUSTEDO?

AUSTEDO can cause serious side effects, including:
• Depression and suicidal thoughts or actions in people with Huntington's disease. See “What is the most important information I should know about AUSTEDO?”
• Irregular heartbeat (QT prolongation). AUSTEDO increases your chance of having certain changes in the electrical activity in your heart. These changes can lead to a dangerous abnormal heartbeat. Taking AUSTEDO with certain medicines may increase this chance.
  ◦ If you are at risk of QT prolongation, your healthcare provider should check your heart before and after increasing your AUSTEDO dose above 24 mg a day.
• Neuroleptic Malignant Syndrome (NMS). Call your healthcare provider right away and go to the nearest emergency room if you develop these signs and symptoms that do not have another obvious cause:
  ◦ high fever
  ◦ problems thinking
  ◦ increased sweating
  ◦ stiff muscles
  ◦ very fast or uneven heartbeat
• Restlessness. You may get a condition where you feel a strong urge to move. This is called akathisia.
• Parkinsonism. Symptoms of parkinsonism include: slight shaking, body stiffness, trouble moving, trouble keeping your balance, or falls.

The most common side effects of AUSTEDO in people with Huntington’s disease include:
• sleepiness (sedation)
• diarrhea
• tiredness
• dry mouth

The most common side effects of AUSTEDO in people with tardive dyskinesia include:
• inflammation of the nose and throat (nasopharyngitis)
• problems sleeping (insomnia)

These are not all the possible side effects of AUSTEDO. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

How should I store AUSTEDO?
• Store AUSTEDO tablets at room temperature, between 68°F to 77°F (20°C to 25°C).
• Keep the bottle tightly closed to protect AUSTEDO from light and moisture.
• Keep AUSTEDO tablets and all medications out of reach of children.

General information about the safe and effective use of AUSTEDO.
Medicines are sometimes prescribed for purposes other than those listed in a Medication Guide. Do not use AUSTEDO for a condition for which it was not prescribed. Do not give AUSTEDO to other people, even if they have the same symptoms you have. It may harm them.
You can ask your pharmacist or healthcare provider for information about AUSTEDO that is written for health professionals.

What are the ingredients in AUSTEDO?
Active ingredient: deutetrabenazine
Inactive ingredients: ammonium hydroxide, black iron oxide, n-butyl alcohol, butylated hydroxyanisole, butylated hydroxytoluene, magnesium stearate, mannitol, microcrystalline cellulose, polyethylene glycol, polyethylene oxide, polysorbate 80, polyvinyl alcohol, povidone, propylene glycol, shellac, talc, titanium dioxide, and FD&C blue #2 lake. The 12 mg tablets also contain FD&C red #40 lake. The 12 mg tablets also contain FD&C yellow #6 lake.
Distributed by:
Teva Pharmaceuticals USA, Inc.
Parsippany, NJ 07054
©2020 Teva Neuroscience, Inc.
AUSMG-004
For more information, go to www.AUSTEDO.com or call 1-888-483-8279.

This Medication Guide has been approved by the U.S. Food and Drug Administration.