

If you experience unintentional, uncontrollable movements, it may be tardive dyskinesia (TD). If TD is affecting you, it's time to take charge of your day.



Answer the questions below, and bring this with you to your next appointment so you can share the impact TD has on your life with your healthcare team.

1 Where do you experience involuntary body movements, such as twitching, shaking, or jerking?

Select all that apply:

| | | | |
|---------------------|------------------|-------|----------------------|
| Face, mouth, or jaw | Feet and/or toes | Torso | Hands and/or fingers |
| Legs | Arms | | |

2 Do you experience any of the following other types of involuntary movements?

Select all that apply:

| | | | |
|----------------------|--------------------------|------------------------|----------------|
| Arm & hand twitching | Facial grimacing | Jaw shifting & chewing | Toe clenching |
| Tongue darting | Ankle twisting & rolling | Constant blinking | Finger tapping |
| Lip puckering | Hip thrusting | | |

3 How often do you experience these involuntary movements?

Please select one:

| | | | |
|---------------------------|------------------------|-------------------------|-------|
| Multiple times per minute | Multiple times per day | Multiple times per hour | Other |
|---------------------------|------------------------|-------------------------|-------|

4 Do you have trouble with any of these daily activities?

Select all that apply:

| | | | |
|--|--|--|-------|
| Do strangers mistake your uncontrollable movements for something else, like being drunk? | When you're out running errands, do your movements attract unwanted attention? | Do you avoid eating out because it's hard to cut your food or hold your drink? | Other |
| | | | None |

5 Do your movements make you feel self-conscious around others, including family and friends?

Please select one:

| | |
|-----|----|
| Yes | No |
|-----|----|

6 Do you experience any of the following because of your involuntary movements?

Select all that apply:

| | | | |
|---------------------|-----------|---------------------|---------------|
| Stress | Isolation | Difficulty sleeping | Embarrassment |
| Pain and discomfort | Other | | |

APPROVED USES

AUSTEDO® XR (deutetrabenazine) extended-release tablets and AUSTEDO® (deutetrabenazine) tablets are prescription medicines that are used to treat movements in the face, tongue, or other body parts that cannot be controlled (tardive dyskinesia).

It is not known if AUSTEDO XR and AUSTEDO are safe and effective in children.

AUSTEDO XR and AUSTEDO can cause serious side effects in people with Huntington's disease, including: depression, suicidal thoughts, or suicidal actions. Do not start taking AUSTEDO XR or AUSTEDO

IMPORTANT SAFETY INFORMATION

if you are depressed (have untreated depression or depression that is not well controlled by medicine) **or** have suicidal thoughts. Pay close attention to any changes, especially sudden changes, in mood, behaviors, thoughts or feelings. This is especially important when AUSTEDO XR or AUSTEDO is started and when the dose is changed. Call your healthcare provider right away if you become depressed, have unusual changes in mood or behavior, or have thoughts of suicide.

Please read additional Important Safety Information continued on the next page and [click here](#) or visit www.AUSTEDO.com to read or print the Medication Guide for AUSTEDO XR.

AUSTEDO XR (deutetrabenazine) extended-release tablets is a once-daily treatment for adults with tardive dyskinesia (TD)

Use these questions to talk to your doctor about treating TD and to learn more about AUSTEDO XR.

1 How may AUSTEDO XR be able to help me?

2 I don't want to change my mental health medications. Can I take AUSTEDO XR with my other medications?

3 I'm concerned about side effects. What are the potential side effects of AUSTEDO XR?

4 AUSTEDO XR has different dosing options. What does this mean for my treatment?

5 How do I take AUSTEDO XR?

6 What is the Abnormal Involuntary Movement Scale (AIMS), and how can it measure my progress?

7 What support and resources are available if I start taking AUSTEDO XR?

IMPORTANT SAFETY INFORMATION (CONTINUED)

Do not take AUSTEDO XR or AUSTEDO if you:

- have Huntington's disease and are depressed or have thoughts of suicide.
- have liver problems.
- are taking reserpine. **Do not** take medicines that contain reserpine with AUSTEDO XR or AUSTEDO. If your healthcare provider plans to switch you from taking reserpine to AUSTEDO XR or AUSTEDO, you must wait at least 20 days after your last dose of reserpine before you start taking AUSTEDO XR or AUSTEDO.
- are taking a monoamine oxidase inhibitor (MAOI) medicine. **Do not** take an MAOI within 14 days after you stop taking AUSTEDO XR or AUSTEDO. **Do not** start AUSTEDO XR or AUSTEDO if you stopped taking an MAOI in the last 14 days. Ask your healthcare provider or pharmacist if you are not sure.
- are taking tetrabenazine. If your healthcare provider plans to switch you from tetrabenazine to AUSTEDO XR or AUSTEDO, take your first dose of AUSTEDO XR or AUSTEDO on the day after your last dose of tetrabenazine.
- are taking valbenazine.

Other possible serious side effects include:

- **Irregular heartbeat (QT prolongation).** AUSTEDO XR and AUSTEDO increases your chance of having certain changes in the electrical activity in your heart. These changes can lead to a dangerous abnormal heartbeat. Taking AUSTEDO XR or AUSTEDO with certain medicines may increase this chance.
- **Neuroleptic Malignant Syndrome.** Call your healthcare provider right away and go to the nearest emergency room if you develop these

signs and symptoms that do not have another obvious cause: high fever, stiff muscles, problems thinking, very fast or uneven heartbeat, or increased sweating.

- **Restlessness.** You may get a condition where you feel a strong urge to move. This is called akathisia.
- **Parkinsonism.** Symptoms include: slight shaking, body stiffness, trouble moving, trouble keeping your balance, or falls.

Sleepiness (sedation) is a common side effect of AUSTEDO XR and AUSTEDO. While taking AUSTEDO XR or AUSTEDO, do not drive a car or operate dangerous machinery until you know how AUSTEDO XR or AUSTEDO affects you. Drinking alcohol and taking other drugs that may also cause sleepiness while you are taking AUSTEDO XR or AUSTEDO may increase any sleepiness caused by AUSTEDO XR or AUSTEDO.

The most common side effects of AUSTEDO in people with Huntington's disease include sleepiness (sedation), diarrhea, tiredness, and dry mouth.

The most common side effects of AUSTEDO in people with tardive dyskinesia include inflammation of the nose and throat (nasopharyngitis) and problems sleeping (insomnia).

The most common side effects of AUSTEDO XR are expected to be similar to AUSTEDO in people with Huntington's disease or tardive dyskinesia.

These are not all the possible side effects of AUSTEDO XR or AUSTEDO. Call your doctor for medical advice about side effects. You are encouraged to report side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call **1-800-FDA-1088**.

Please [click here](#) or visit www.AUSTEDO.com to read or print the Medication Guide for AUSTEDO XR.