

APPOINTMENT PREPARATION GUIDE

Chorea can be a burden to people with Huntington's disease (HD) and those who care for them, impacting daily life and relationships. Talk to your healthcare provider about treating your HD chorea.

Answer the questions below to help you prepare for the conversation at your next appointment.

Once-daily AUSTEDO XR® contains the same active ingredient as twice-daily AUSTEDO® (deutetrabenazine) tablets. AUSTEDO has not been demonstrated to affect all of the outcomes mentioned below.



1 Which of the following uncontrollable movements are you experiencing?

Select all that apply.

Flicking the fingers

Shrugging the shoulders

Jerking and/or twisting

Flailing arms and/or legs

Grimacing

Irregular eye
movements or blinking

2 How often do you experience these uncontrollable movements?

Please select one.

Multiple times
per minute

Multiple times
per hour

Multiple times
per day

3 Do you have trouble with any of these daily activities?

Select all that apply.

Getting dressed

Brushing your teeth

Speaking clearly

Holding a glass or fork

Bathing

Swallowing and/or eating

None of the above

4 Does someone help you with everyday tasks?

Please select one.

Yes

No

5 Has a loved one or care partner noticed your uncontrollable movements?

Please select one.

Yes

No

Not sure

The movements caused by HD chorea can be mild to severe and may worsen with stress. Over time, these movements may cause a loss of independence. Treatment is available for HD chorea with AUSTEDO XR.

APPROVED USES

AUSTEDO XR® (deutetrabenazine) extended-release tablets and AUSTEDO® (deutetrabenazine) tablets are prescription medicines that are used to treat:

- the involuntary movements (chorea) of Huntington's disease. AUSTEDO XR and AUSTEDO do not cure the cause of the involuntary movements, and it does not treat other symptoms of Huntington's disease, such as problems with thinking or emotions.
- movements in the face, tongue, or other body parts that cannot be controlled (tardive dyskinesia).

It is not known if AUSTEDO XR and AUSTEDO are safe and effective in children.

Please read additional **Important Safety Information** continued on the next page and [here](#) or visit www.AUSTEDO.com to read or print the Medication Guide for AUSTEDO XR.

IMPORTANT SAFETY INFORMATION

AUSTEDO XR and AUSTEDO can cause serious side effects in people with Huntington's disease, including: depression, suicidal thoughts, or suicidal actions. Do not start taking AUSTEDO XR or AUSTEDO if you are depressed (have untreated depression or depression that is not well controlled by medicine) **or** have suicidal thoughts. Pay close attention to any changes, especially sudden changes, in mood, behaviors, thoughts or feelings. This is especially important when AUSTEDO XR or AUSTEDO is started and when the dose is changed. Call your healthcare provider right away if you become depressed, have unusual changes in mood or behavior, or have thoughts of suicide.

APPOINTMENT PREPARATION GUIDE

AUSTEDO XR® is a once-daily treatment for adults with Huntington's disease (HD) chorea.

Once-daily AUSTEDO XR contains the same active ingredient as twice-daily AUSTEDO® (deutetrabenazine) tablets.

Use these questions to talk to your healthcare provider and learn more about treating HD chorea.

1 Will my HD chorea get worse over time?

2 How may AUSTEDO XR help me?

3 What is the Total Maximal Chorea (TMC) score? How is it used to determine the effectiveness of HD chorea treatment?

4 AUSTEDO XR has different dosing options. What does this mean for my treatment?

5 How do I take AUSTEDO XR?

6 I'm concerned about side effects. What are the potential side effects of AUSTEDO XR?

7 What support is available to me and care partners while taking AUSTEDO XR?

IMPORTANT SAFETY INFORMATION (CONTINUED)

Do not take AUSTEDO XR or AUSTEDO if you:

- have Huntington's disease and are depressed or have thoughts of suicide.
- have liver problems.
- are taking reserpine. **Do not** take medicines that contain reserpine with AUSTEDO XR or AUSTEDO. If your healthcare provider plans to switch you from taking reserpine to AUSTEDO XR or AUSTEDO, you must wait at least 20 days after your last dose of reserpine before you start taking AUSTEDO XR or AUSTEDO.
- are taking a monoamine oxidase inhibitor (MAOI) medicine. **Do not** take an MAOI within 14 days after you stop taking AUSTEDO XR or AUSTEDO. **Do not** start AUSTEDO XR or AUSTEDO if you stopped taking an MAOI in the last 14 days. Ask your healthcare provider or pharmacist if you are not sure.
- are taking tetrabenazine. If your healthcare provider plans to switch you from tetrabenazine to AUSTEDO XR or AUSTEDO, take your first dose of AUSTEDO XR or AUSTEDO on the day after your last dose of tetrabenazine.
- are taking valbenazine.

Other possible serious side effects include:

- **Irregular heartbeat (QT prolongation).** AUSTEDO XR and AUSTEDO increases your chance of having certain changes in the electrical activity in your heart. These changes can lead to a dangerous abnormal heartbeat. Taking AUSTEDO XR or AUSTEDO with certain medicines may increase this chance.
- **Neuroleptic Malignant Syndrome.** Call your healthcare provider right away and go to the nearest emergency room if you develop these signs and symptoms that do not have another obvious cause: high fever, stiff muscles,

problems thinking, very fast or uneven heartbeat, or increased sweating.

- **Restlessness.** You may get a condition where you feel a strong urge to move. This is called akathisia.
- **Parkinsonism.** Symptoms include: slight shaking, body stiffness, trouble moving, trouble keeping your balance, or falls.

Sleepiness (sedation) is a common side effect of AUSTEDO XR and AUSTEDO. While taking AUSTEDO XR or AUSTEDO, do not drive a car or operate dangerous machinery until you know how AUSTEDO XR or AUSTEDO affects you. Drinking alcohol and taking other drugs that may also cause sleepiness while you are taking AUSTEDO XR or AUSTEDO may increase any sleepiness caused by AUSTEDO XR and AUSTEDO.

The most common side effects of AUSTEDO in people with Huntington's disease include sleepiness (sedation), diarrhea, tiredness, and dry mouth.

The most common side effects of AUSTEDO in people with tardive dyskinesia include inflammation of the nose and throat (nasopharyngitis) and problems sleeping (insomnia).

The most common side effects of AUSTEDO XR are expected to be similar to AUSTEDO in people with Huntington's disease or tardive dyskinesia.

These are not all the possible side effects of AUSTEDO XR or AUSTEDO. Call your doctor for medical advice about side effects. You are encouraged to report side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call **1-800-FDA-1088**.

Please read the accompanying [Medication Guide](#).